

## **MVHS WORK REQUEST**

Student: \_\_\_\_\_ Work request date: \_\_\_\_

Teacher: \_\_\_\_\_ Dates out: \_\_\_\_

The above named student is under a suspension/medical absence as follows:

\_\_\_\_ O.S.S.-Please bring any assignments to a Main Office staff member to be checked in by the end of the day.

\_\_\_\_ S.A.P.-Please bring any assignments to the SAP box in the Main Office by the end of the day.

\_\_\_\_ Medical: Please bring any assignments to a Main Office staff member to be checked in by the end of the day.

## **ASSIGNMENT/MESSAGE:**

### **O.S.S. or Medical Assignment:**

Students will select a topic and type a one page paper for each week they are on medical or suspension. The topic that you choose should be related to physical fitness, sport, nutrition, and/or the relationship between them and one's overall health. Pick a **different topic** for **each week** out. Please put the completed assignment in your current P.E. teacher's mailbox or hand it to them directly. All work should be handed in before the end of each 5 week grading period.

### **Each paper will contain the following criteria:**

Typed, double spaced, 12 pt. font, and 1 inch margins.

Papers will be original work of the student with at least 2 sources listed as a reference.

Heading should include: Name, P.E. period, date, and current P.E. teacher's name.

If you have any questions please contact the Physical Education Department.

**\*\*PLEASE ATTACH TO WORK\*\***

**\*\*MUST BE CHECKED OFF WITH OFFICE STAFF\*\***

**\*\*THANK YOU\*\***